

Pediatric Musculoskeletal Radiology (MSK)



Outline

- Introduction
- Do I need x-rays?
- What should I order?
- What do I see?
- Cases



Introduction

14 yo male with elbow pain

- What additional history do I need?
- Do I need imaging?
- What views should I order?



Baptist Health

What views should I order?

- "One view is no view"
- Fracture or dislocation seen on only one view is REAL, but not seeing it on only one view doesn't rule it out
- Learn the views for major joints/bones
 - Long bones: 2-views (AP and lateral)
 - Joints: 3-views
 - Shoulder: IR, ER, and Axillary
 - Knee: AP, lateral, and tunnel or sunrise depending on suspected pathology
 - Ankle: AP, lateral, mortise







Reading Plain Films

- Long bones
 - Follow the cortex all the way around on every bone
 - Look for step-offs and abrupt contour changes
 - Pay attention to the trabecular patterns
 - Look for disruptions or density changes due to impaction



Reading Plain Films

- Long bones
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 - Pay attention to the trabecular patterns
 - Look for disruptions or density changes due to impaction
- Intra-articular
 - Look for an effusion
 - "Fluid-fluid" line is a lipohemarthrosis and is pathognomonic for an intraarticular fracture



How do I describe a fracture?

- Fracture
 - Not: broken, cracked, shattered, etc.
- Displacement
 - Non-displaced; Minimally displaced; Displaced by X amount
- Angulation
 - Direction: defined as the direction of the distal component OR the direction of the apex
- Out of date language: "Compound Fracture"
 - Current terminology: "Open fracture" or "Closed fracture"



Indirect Signs of Fractures





What makes Peds different from Adult?





What makes Peds different from Adult?



CRITOE



Fracture or Ossification Center?





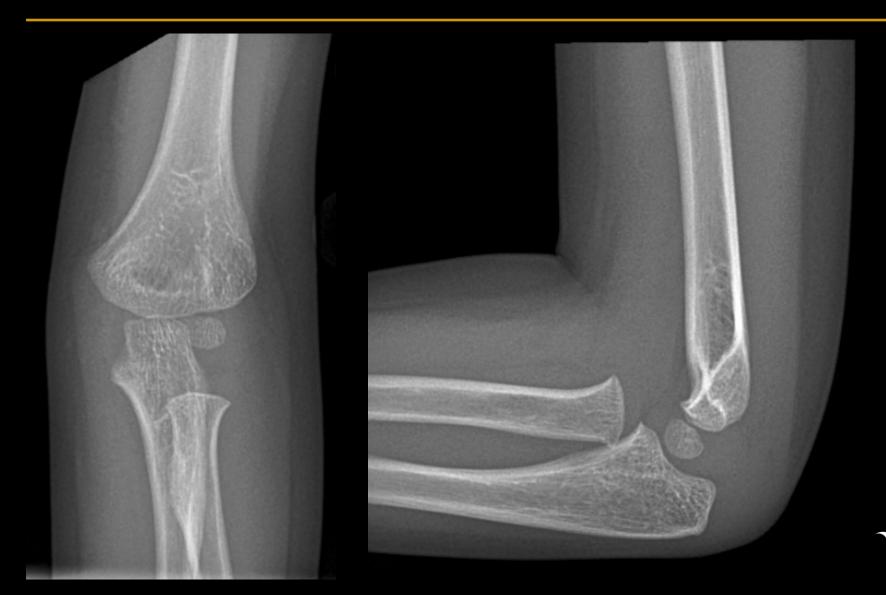




- 2 yo M
- CC: Not using arm since yesterday
- Fails the "cookie test"











- 4 yo F
- CC: Fall off couch

















- 5 yo F
- CC: Fall off monkey bars















- 15 mo M
- CC: Refuses to walk or stand for last two days













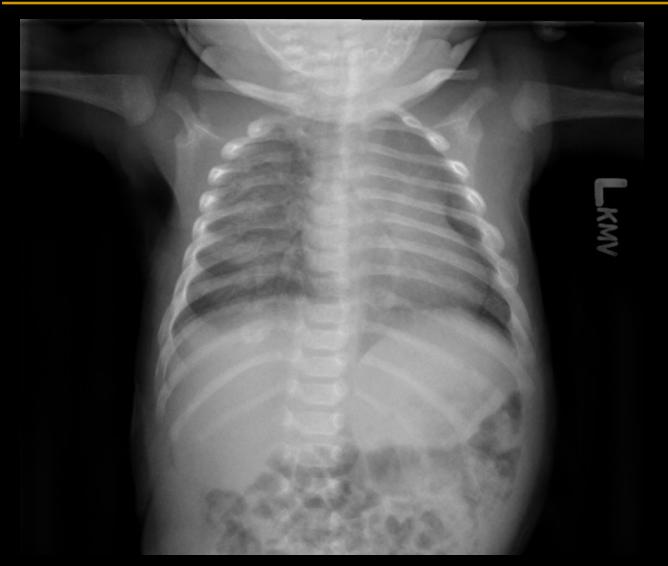


- 2 mo M
- CC: Choking episode











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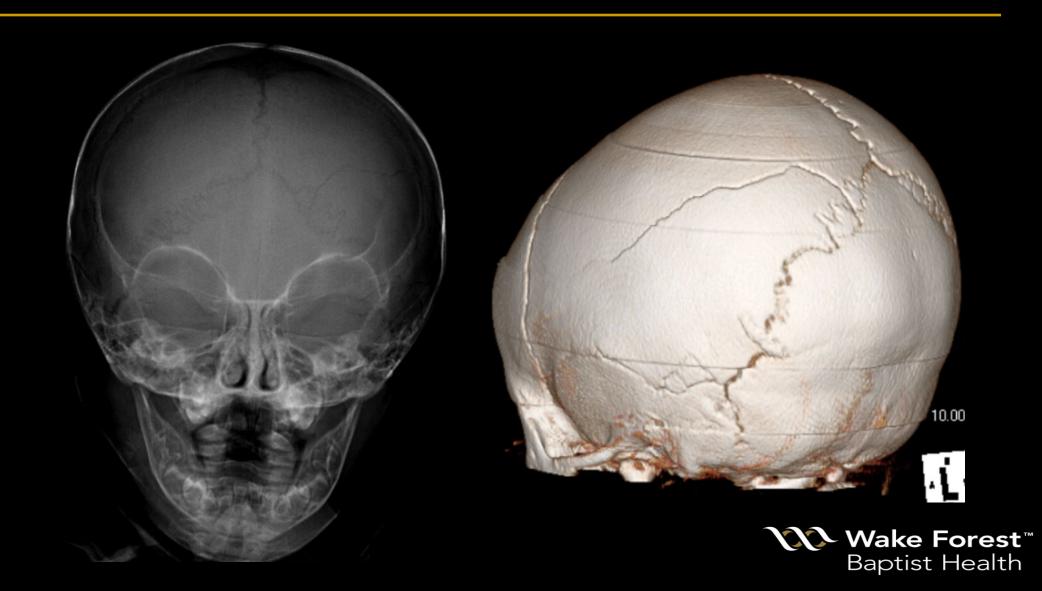














- 10 yo M
- CC: Wrist pain after fall off a swing during recess













- 7 yo M
- CC: Learning to fly













- 14 yo M
- Fall on out-stretched hand (FOOSH) while playing football















- 1st DOL F
- CC: Diminished movement of the left upper extremity





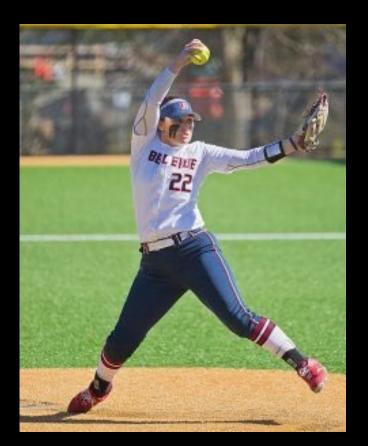








- 17 yo F
- CC: Right arm pain after playing softball





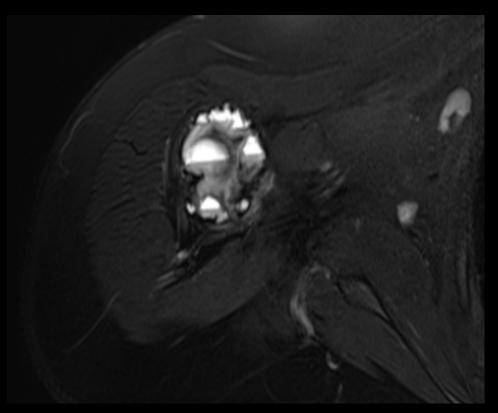


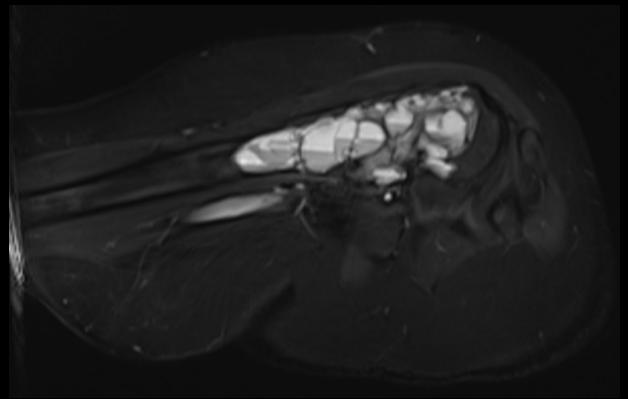










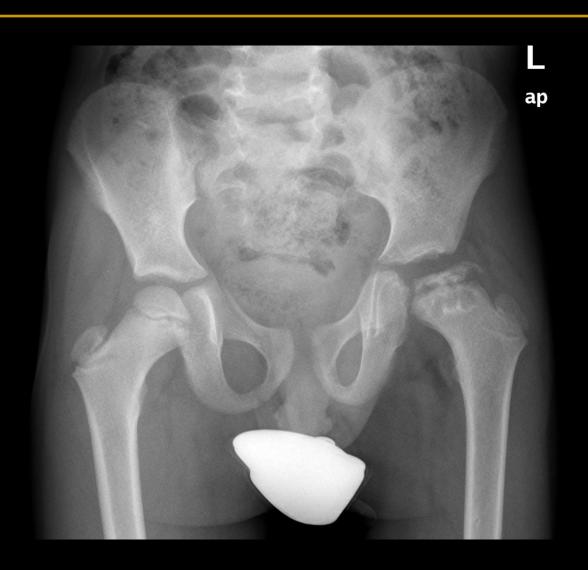


Limping Child

- Ddx
 - Legg-Calve-Perthes
 - Septic hip
 - Slipped Capital Femoral Epiphysis (SCFE)



Limping Child - Legg-Calve-Perthes





Limping Child - Septic Hip



Kocher Criteria
Refusal to bear weight
Fever
ESR > 40 mm/hr
WBC > 12k

	Chance Child has Septic Arthritis
4/4	99%
3/4	93%
2/4	40%
1/4	3%



Limping Child - SCFE







Questions?



Cases

- Nursemaid's Elbow (MS3 ED MO3)
- Greenstick Fracture
- Supracondylar Humerus Fracture (MS3 ED MO2)
- Toddler's Fracture
- Non-accidental Trauma (MS3 ED MO9)
- Salter-Harris (Physeal) Fracture
 - Wrist
 - Ankle
- Scaphoid fracture (MSK 15)
- Newborn Clavicle Fracture
- Tumor (ABC)
- Limping Child
- Legg-Calve-Perthes
- Septic Hip
- Slipped Capital Femoral Epiphysis (SCFE)

